



Spinach Salad with Garlic & Mango Dressing

Cherry Tree Lane of Winnipeg, Manitoba submitted this winning recipe.

Ingredients

Fresh spinach, washed and torn into bite size pieces

Garlic & Mango Dressing

Sweet red pepper, diced into small pieces

Red onion, sliced into thin rings

Toasted pine nuts

Golden raisins

Feta cheese, crumbled



Directions

Toast a handful of fresh pine nuts by heating in a hot, dry skillet until nuts begin to brown. Set aside.

Assemble salad in salad bowl or individual serving bowls, reserving nuts. Toss with **Garlic & Mango Dressing**. Sprinkle with toasted pine nuts.



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