



Garlic Caesar Salad

Fresh Ontario garlic pulls this salad over the top, in flavour and nutrition.

Frozen local garlic will replace fresh.

Bon Apétit

Ingredients

2 heads fresh **Ontario garlic** (10 cloves of frozen)

3 tbsp Dijon mustard

3 tbsp soy sauce

3 tbsp real mayonnaise

1 tbsp honey

Salt & pepper to taste

Directions

In blender whirl dressing until a smooth and creamy. If using frozen garlic, defrost. NOTE: For a more subtle garlic flavour in your dressing, frozen garlic may be roasted in oven with some oil for 30 minutes before blending.

Toss romaine and vegetables. Add dressing, to taste, and toss well.



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